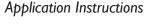


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## PFO® Plantar Fascia Orthosis

Before using this product, please carefully read all instructions and warnings.





Disengage elastic strap from ankle cuff and set elastic strap aside. Wrap ankle cuff around ankle and secure hook fasteners in front.



Place elastic strap under heel and pull elastic strap until you feel tension



Secure ends of elastic strap to sides of ankle cuff.

Washing instructions: Engage all closure straps before machine washing. Hand or machine wash on gentle cycle in warm water with mild detergent and no bleach. Rinse thoroughly. Air dry.

Warning: If you experience any increased pain, swelling, or any unusual reactions while using this product, immediately consult your medical professional. This product is for single patient use only. There is no guarantee that use of this product will prevent injury.

Warranty: Products manufactured by Med Spec have a limited warranty against defects in materials or workmanship for a period of six months from date of shipment. Please contact the business that supplied you with this product if you wish to return it.

